**'Essential Music Theory for Mandolin – Master Workshop 101'** is a program designed to help a first year Mandolin student to learn how to play from the heart and rely less on printed sheet music and tablature. It is a practical application of music theory using bluegrass music and other examples that can be applied to real life jam sessions. This edition replaces the 2007 version with new text, songs and lesson structure.

Over the years, as a dedicated music teacher, my students consistently asked how to improvise more fluently on their Mandolin and to do so without the aid of sheet music, tablature or rehearsing the song beforehand.

It's amazing how many people, including music teachers, who when asked to play a tune they've not rehearsed at a party or jam session reply by saying, 'I can't because I haven't got the music', or, 'I've heard that song but never played it' or some excuse like that. If they're not in their 'comfort zone', they shy away from playing. Sound familiar? If you are one of these people, this book is especially for YOU!

The concept and purpose of this program has four goals:

- Give the First-Year-Student a good foundation of music fundamentals; presented in layman's terms.
- 2. Keep music theory practical with songs and examples that can be used in the field. If you're going to spend valuable practice time working on a song, it should be something that you can actually use in a real life jam. The audio recordings are designed to give you a realistic simulation of a live jam session increasing your *courage* to get out there and play with other folks.
- 3. Strategically review the important principles in a progressive way to aid long term memory.
- 4. **Keep it fun!** If it isn't fun (and music theory is generally pretty dry), you're probably not going to continue.

'Essential Music Theory for Mandolin – Master Workshop 101' is presented like a first semester college course. The book is 425 pages, divided into 4 Units of 38 lessons. 180 audio tracks provides more than 6 hours of 'play-along music. The songs chosen are realistic examples of what you would hear at a typical bluegrass festival campground jam session. There are multiple versions of the faster songs; slow, medium and normal speed. Vocals are included with multiple mixes with and without the lead instrument and/or vocals. This way you can take the place of the Mandolin in the 'band' and also be the lead singer!

At the end of each unit, a brief review is presented to see if you remember the main points presented. Each section will be built on previously covered material and concepts helping you to develop a 'feel' for music and begin to see it in your mind. This will encourage you get away from the printed page. Over time and of course, with experience, you will actually be able to play your music more freely and from the heart. This book has been written to be fun so that you'll want to continue.

'Master Workshop 101' is the first in this series and will be followed by 'Master Workshop 102', the 'second semester'. This program is also available for the Banjo, Bass, Dobro, Fiddle (with and without Tablature) and Guitar.

Below is the Table of Contents with the song list and lesson program:

## TABLE OF CONTENTS

Page	Title
9	Forward
11	How To Use This Course
	Unit 1
13	Lesson 1: The Elements of Music
15	Lesson 2: Understanding Rhythm and Harmony
16	Lesson 3: Phrases
22	'Hot Cross Buns 1' – Melody Line
24	'Hot Cross Buns 2' – Rhythm Backup
25	Lesson 4: Closed Chords
28	'Hot Cross Buns 3' - Closed G Major Chord
32	Lesson 5: Songs with One Chord
34	'Shady Grove 1' – Melody Line
35	'Shady Grove 2' – Rhythm Backup Open G Chord
37	'Shady Grove 3' - Rhythm Backup Closed G Chord
39	Lesson 6: G Major Diatonic Scale
46	Lesson 7: Call and Answer 1 (G Major Diatonic Scale)
63	'Standing in the Need of Prayer 1' - Melody Line
64	'Standing in the Need of Prayer 2' - Backup 2
66	'Standing in the Need of Prayer 3' - Backup 2
68	Lesson 8: G Major Pentatonic Scale
71	Lesson 9: Call and Answer 2 – G Major Pentatonic Scale
87	'Sally Goodin 1' - Melody Line
88	<b>'Sally Goodin 2'</b> – Backup 1
89	<b>'Sally Goodin 3'</b> – Backup 3

90	Lesson 10: Anticipating Chord Changes 1
99	Lesson 11: Songs with Two Chords
101	'Where the Soul Never Dies 1' - Melody Line
103	Lesson 12: Backup Rhythm Variation 1
105	'Where the Soul Never Dies 2' - Backup
107	How Would You Answer? (Review 1)
	Unit 2
111	Lesson 13: Backup Fills 1
112	'Where the Soul Never Dies 3' - Harmony Part
115	Lesson 14: Anticipating Chord Changes 2
122	Lesson 15: The Half Measure
124	'Hot Corn, Cold Corn 1'
126	Lesson 16: Anticipating Chord Changes 3
130	Lesson 17: Minor Chords
139	'Cumberland Gap 1' - Melody Line
140	'Cumberland Gap 2' – Rhythm Backup
142	Lesson 18: Minor Diatonic Scales
145	Lesson 19: G Minor Diatonic Scale
150	Lesson 20: Call and Answer 3 – G Minor Diatonic
166	'Working on a Building 1' – Melody Line
168	'Working on a Building 2' – Rhythm Backup
170	Lesson 21: G Minor Pentatonic Scale
175	Lesson 22: Call and Answer 4 – G Minor Pentatonic
190	Lesson 23: The Waltz
193	Lesson 24: The Key of A Major
198	'Waltz Across Texas 1' - Melody Line
200	'Waltz Across Texas 2' – Rhythm Backup
202	Lesson 25: Call and Answer 5 – A Major Diatonic
217	How Would You Answer? (Review 2)

## Unit 3

223	Lesson 26: Songs with Three Chords
227	'Don't this Road Look Rough and Rocky 1' - Melody
229	'Don't this Road Look Rough and Rocky 2' - Backup
231	Lesson 27: The Nashville Numbering System
237	'Bury Me Beneath the Willows 1' - Melody Line
239	'Bury Me Beneath the Willows 2' - Backup Chords
241	Lesson 28: Primary Chords
245	'Keep on the Sunny Side 1' - Melody Line
247	'Keep on the Sunny Side 2' - Backup Chords
249	Lesson 29: Watching Guitar Chords
253	'Roll in my Sweet Baby's Arms 1' - Melody Line
254	'Roll in my Sweet Baby's Arms 2' - Backup Chords
256	Lesson 30: Watching for Repetition
261	Checklist When Anticipating Primary Chord Changes
263	'Columbus Stockade Blues 1' – Melody Line
265	'Columbus Stockade Blues 2' – Backup Chords
267	Lesson 31: Rhythm Variation 2
268	'Columbus Stockade Blues 3' - Rhythm Variation
270	Lesson 32: Upper and Lower Neighbors
273	'Hot Cross Buns 3' - Upper and Lower Neighbors
274	'Shady Grove 4' - Upper and Lower Neighbors
275	'Standing in the Need of Prayer 4' - Upper and Lower
277	'Hot Corn, Cold Corn 2' - Upper and Lower Neighbors
278	'Cumberland Gap 3' - Upper and Lower Neighbors
281	'Hot Cripple Creek 1' – Melody Line
282	'Hot Cripple Creek 2' - Upper and Lower Neighbors
283	'Roll in My Sweet Baby's Arms 3' - Upper and Lower
286	'Blue Ridge Mountain Blues 1' - Melody Line
288	'Blue Ridge Mountain Blues 2' - Backup Chords
291	'Blue Ridge Mountain Blues 3' – Upper and Lower
292	How Would You Answer? (Review 3)

## Unit 4

299	Lesson 33: The Blues Scale
300	12 Bar Blues 1
303	12 Bar Blues 2
307	'Long Journey Home 1' – Melody Line
309	'Long Journey Home 2' – Backup Chords
311	'Long Journey Home 3' - Upper and Lower Neighbors
312	Lesson 34: Bluegrass Pentatonic Scale (e=mc <sup>2</sup> for Bluegrass)
316	'Hot Cripple Creek! 3' - Bluegrass Pentatonic
319	'In the Pines 1' – Melody Line
321	'In the Pines 2' – Rhythm Backup
323	'In the Pines 3' - Upper and Lower Neighbors
325	'Roll in my Sweet Baby's Arms 4' - Bluegrass Pentatonic
326	Lesson 35: Backup Fills 2
	<ul> <li>Backup Fills Based on Arpeggios</li> </ul>
330	'Standing in the Need of Prayer 5' – Backup Fills
	<ul><li>Passing Tones</li></ul>
333	'Standing in the Need of Prayer 6' - Backup Fills
	<ul> <li>Not Competing with the Melody Line</li> </ul>
	<ul><li>Target Tones</li></ul>
339	'Waltz Across Texas 4' – Backup Fills
	<ul> <li>Complimenting the Direction of the Melody Line</li> </ul>
345	'Bury Me Beneath the Willows 3' - Backup Fills
347	Don't this Road Look Rough and Rocky' 3 - Backup Fills
349	Lesson 36: Songs with Four or More Chords
351	'Swing 2010'
354	'Unclouded Day 1' - Melody Line
356	'Unclouded Day 2' – Backup Chords
358	'Unclouded Day 3' – Backup Fills
360	Lesson 37: D Major Diatonic
362	Call and Answer 6 – D Major Diatonic
377	'Tennessee Waltz 1' - Melody Line
383	'Tennessee Waltz 2' – Backup Fills
385	Lesson 38: D Major Pentatonic

386	Call and Answer 7 – D Major Pentatonic
401 '	Faded Love 1' - Melody Line
406 '	Faded Love 2' - Backup Chords
410	'Faded Love 3' – Backup Fills
413	'Faded Love 4' – Upper and Lower Neighbors
415	
413	How Would You Answer? Final Review 4
421	Where to Go From Here